

# ROCK PICKENS



ST. LAWRENCE COUNTY ROCK & MINERAL CLUB Date: February, 2025



**Our first meeting of the new year is 5:30 PM, Tues., March 11<sup>th</sup>, at the Canton Library, 8 Park St, downstairs in the Paige Room**

Dues are only **\$15.00** for a Single Membership and **\$25.00** for Family memberships

Memberships run through 12-31-25; (Family memberships cover family members residing at the same *household with the same USPS mailing address*)

Make checks payable to: **St. Lawrence Rock and Mineral Club** and mail them to:

**William deLorraine  
1 Indian Head Trail  
Gouverneur, NY 13642**

## **2025 Gem, Mineral, Fossil, and Jewelry Shows**

**March 15-16—Buffalo 55<sup>th</sup> Annual Show:**  
The Fairgrounds, Hamburg, NY. Market, Grange & State Police Buildings Adm. \$7.00  
Sat. 9-6pm; Sun. 10-5pm.

**March 29-30—Albany Gem, Mineral & Fossil Show:** Polish Community Ctr. 225 Washington Ave. Albany, NY Adm. \$5.00  
Sat. 10-5pm; Sun. 10-4m.

**April 5-6 Ryst Geology Club 55<sup>th</sup> Annual Show.** 30 Brocton St.. Johnson City, NY  
Admission \$4.00, Children under 12, free.

**April 10-13—Ottawa Rock & Gem Show**  
Ey Centre 4899 Uplands Dr. Ottawa, Ontario  
Thursday -Sat 10-8 pm Sunday 10-5pm

**April 26-27 - Winter Crystal Fest Gem Show,** Corning, NY Nasser Civic Center

**July 12–13, 2025- Syracuse Gem Show:** at the New York State Fair Grounds in Syracuse

**President: William deLorraine  
Vice President: Preston Zeallor  
Secretary: Joanna deLorraine  
Treasurer: Melissa Zeallor  
Field Trip Coordinators: Gary Garlough,  
Preston Zeallor & James Taylor  
Field Trip Scout: Noah King  
Safety Coordinator: James Taylor  
Newsletter Editor: William deLorraine  
Newsletter Assistant editor: Amanda Fogg  
Show Chair: William deLorraine  
Advertising: Joanna deLorraine  
Webmaster: Glen Simonelli**  
*Effective: January 01, 2025- December 31, 2025*



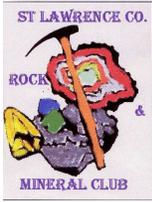
Visit us at:

[www.stlawrencecountyminealclub.org](http://www.stlawrencecountyminealclub.org)

### **NOTICE:**

Our club is looking for an Advertising helper and a Nomination Committee Chair.  
Contact Bill: [wdellie@gmail.com](mailto:wdellie@gmail.com)  
Or Joanna: [Joannadelorraine@yahoo.com](mailto:Joannadelorraine@yahoo.com)

\*\*\*\* Club Dues \*\*\*\*\*



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July 19–20, 2025-Herkimer Diamond Gem

Show: at the Herkimer County Fair Grounds in Frankfort

## Proposed Club Field Trips 2025

(To be announced)

### “Mineral of the Month”: Amethyst



February is often a cold, dark, and short month for many 'round the world.

The amethyst birthstone is a gorgeous, richly colored gemstone, which is a beautiful contrast to this time of year.

As a purple quartz, February's birthstone color is a beautiful blend of violet and red that can be found in every corner of the world. The name comes from the Ancient Greek, derived from the word "*methustos*", which means "intoxicated." Ancient wearers believed the gemstone could protect them from drunkenness.



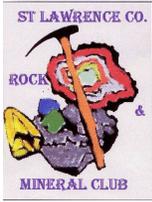
Amethyst is known for its strong connection to spirituality and its ability to provide clarity and insight. It is associated with both the Third Eye and Crown chakras, promoting spiritual growth, intuition, and higher consciousness.

Physically, amethyst is known to bolster the immune system, reduce tension and headaches, and promote restful sleep. Mentally, its effects include alleviating worries and fears, encouraging clear thinking, and trusting one's intuition. On a spiritual level, amethyst is able to open the crown chakra and foster connections to higher energies, making it an ideal stone for those seeking inner peace, spiritual growth, and protection from negative energies.



Amethyst is also known as a natural tranquilizer, calming the mind, easing anxiety, and improving sleep. It's said to help the endocrine system, promoting hormonal balance.

The Amethyst stone features energy of contentment that will wash away the daily pressure and set you on a much more relaxed and stress-free life. This crystal nurtures your intuition and allows you to create an aura of calming vibrations.



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With intense energy that boosts your decision-making, the crystal keeps your mind sharp and helps you break through any negative patterns in life - even addiction.

Amethyst is beloved among the spiritual community - for its unique metaphysical properties and an ability to soothe and protect the mind simultaneously.

While not proven scientifically, some claim that Amethyst crystals can aid physical healing. Some of the main properties include:

- enhancing the immune system
- improving endocrine function
- improving the skin's appearance
- promoting digestive health
- reducing headaches



Some of these benefits may be tangible, but there isn't any concrete scientific research and proof behind these claims. Amethyst is closely tied to the Third Eye chakra, enhancing intuition and inner wisdom while also helping to reduce anxiety and depression. This crystal acts as a shield, protecting you from negative energies and keeping you centered and clear-headed throughout the day.

#### References:

- <https://www.americangemsociety.org/birthstones/february-birthstone/amethyst-history/>
- <https://science.howstuffworks.com/environmental/earth/geology/amethyst-meaning.htm>
- <https://mindfulsouls.com/blogs/crystals/amethyst->

#### [Diamond Dan Publications](#)

Diamond Dan Publications produces materials to help mineral collectors of all ages to be successful. They even have a monthly eMagazine dedicated to young mineral collectors: Mini Miner's Monthly. Check out their website!

[diamonddanpublications.net](http://diamonddanpublications.net)

[www.minerant.org/kids.html](http://www.minerant.org/kids.html)

This web page has a number of links for fun things you can do to learn about and enjoy rocks and minerals. Also check out the other links at the top of the page. There is a list of mineral museums all over the world. You can spend a lot of time on this site. Use it a lot and enjoy it!

